

Day Menu

100% Vegan, Gluten Free & Delicious



Avocado on Little Seed Cashew Almond Bread w Macadamia Cheese 17

House Organic Granola w Coconut Yoghurt & Fresh Fruits 16

Sauteed Greens w Broccoli, Asparagus, Kale, Mushrooms, Shallots, Sesame & Chia Seeds & Avocado 18

Mango, Banana & Kale Smoothie Bowl w Granola, Coconut Yoghurt & Fresh Fruits 18

Buckwheat Pancakes w Coconut Icecream, Maple & Caramelised Clove Roasted Pear 18

Breakfast Burger w Seasoned Tofu, Mushrooms, Roast Pumpkin, Onion, Date & Chilli Relish, Greens, Tomato 18

Black Sticky Rice w Caramelised Banana & Coconut Cream 17

Add ons (can only be added to a dish):

Avocado 4 | Mushrooms 3.5 | Sauteed Greens 3.5 | Little Seed Cashew Almond Bread 4

Roasted Turmeric Glazed Eggplant Bruschetta w Spinach Hummus 18

Herb Falafel on Chickpea Flatbread w Beetroot Hummus, Greens & Coconut Yoghurt 20

Chickpea & Beetroot Burger w Greens, Tomato, Roast Capsicum, Pickle & Garlic Mayo 18

Roasted Baby Carrots & Pickled Beetroots w Quinoa Risotto & Smoked Eggplant Puree 20

Green Buddha Bowl w Herb Infused Brown Rice, Sauteed Broccoli, Zucchini Ribbons, Beans, Cucumber & Mint Salsa, Avocado, Herb & Almond Pesto 20

Red Buddha Bowl w Paprika Rice Noodles, Red Peppers, Roasted Spiced Chickpeas, Shredded Beetroot, Tomatoes, Relish, Garlic Mayo 20

Mushroom Risotto Balls w Lemon Curd & Herb Salad 18

Potato Crisps w Date & Chilli Relish 8

PLANT BASED | ETHICAL | SUSTAINABLE | LOCAL | NUTRITIOUS

Facebook/Insta @littleseedrestaurant Open Thursday-Saturday 9am-9pm www.littleseedrestaurant.com.au